

# COMMUNITY ASSESSMENT PROJECT OVERSAMPLE 2011

## KEY FINDINGS

### **HEALTH**

- Over twenty six percent (26.6%) of Pajaro Valley (PV) respondents reported that their overall health is only fair to poor compared to 13.8% of the Balance of Santa Cruz County (BOSCC). Also, PV respondents who reported having a disability increased from 16.8% in 2007 to 19.8% in 2011.

### **Access to Healthcare**

- The number PV respondents with dental insurance coverage decreased in the PV area from 68.7% in 2007 to 57.9% in 2011. Similarly, the BOSCC, coverage decreased from 61.3% in 2007 to 57% in 2011. One factor for this decline is the elimination of Denti-Cal benefits. This finding demonstrates that the insurance coverage itself is shrinking in scope; for example, the proportion of insurance policies that include dental coverage fell from 68.7% in 2007 to 57.9% among PV respondents.
- The number of PV respondents that needed healthcare, but were unable to receive it, decreased from 14.7% in 2007 to 9.5% in 2011, a positive trend.

### **Fruit and Vegetable Consumption**

- Fruit and vegetable consumption remained constant in the PV and the BOSCC from 2007 to 2011. In PV, 60.4% of respondents said they eat five or more fruits and vegetables per day while 54.5% of the BOSCC respondents said they eat five or more fruits and vegetables per day.

### **Fast Food Consumption**

- In 2011, 50% of PV respondents reported they consumed fast food one or more times in the past seven days in comparison to only 33% of the BOSCC.

### **Physical Activity/Diabetes**

- Physical activity has decreased in both PV residents as well as the BOSCC, which also coincides with the increase in BMI. There was also an increase in those diagnosed with diabetes or pre-diabetes; PV respondents increased from 13.6% in 2007 to 17% in 2011 compared to the BOSCC which increased from 6.6% in 2007 to 10.9% in 2011.

### **Obesity**

- In 2011, 64.3% of PV respondents reported they are overweight or obese while 53.3% of the BOSCC residents reported the same.

### **ECONOMY**

- The percentage of PV respondents who felt they are better off financially this year compared to previous years decreased from 43.8% in 2007 to 25.3% in 2011. This trend is also true for the BOSCC.

### **PUBLIC SAFETY**

- In 2011, 60.7% of PV respondents said they felt the impact of gangs in their neighborhoods while only 31.5% of respondent in the BOSCC responded the same. This is a significant difference.

### **SOCIAL ENVIRONMENT**

- In 2011, 17.4 % of PV respondents felt that racism in Santa Cruz County was a big problem compared to 8.1% of the BOSCC. This is a significant difference.
- In 2011, 88.9% of PV respondents feel that people in their neighborhood help one another while 92.3% of the BOSCC felt the same.

### **EDUCATION**

- Overall satisfaction with the local education system dropped among PV respondents from 35.6% in 2007 to 27.4% in 2011. The BOSCC respondents reported an increase in satisfaction rates from 21.4% in 2011 to 24.1% in 2011.